

# Most seniors with dementia willing to reduce unnecessary meds: survey



According to an article published in McKnights Long-Term Care News, 87% of seniors that probably or possibly have dementia would be willing to stop taking at least one of their medications if their provider allowed them to do so. Patients with dementia tend to take medications that are not always necessary and that could be harmful. There was a study published in the *Journal of the American Geriatrics Society* that had a sample size of 422 participants with dementia aged 65 years or older that helped determine this percentage of seniors willing to stop at least one medication. Half of the participants in the study took 6 medications or more according to the study. Another study found that patients with dementia took an average of 8 medications while patients without dementia took an average of 3. Older adults tend to get prescribed medications for other disease states that could make their cognitive function worse. This article should motivate prescribers to deprescribe certain medications in these patients if they are not really necessary anymore so that their patients can have a better quality of life.

Follow the link below to read more:

<https://www.mcknights.com/news/clinical-news/most-seniors-with-dementia-willing-to-reduce-unnecessary-meds-survey/>